

Your Local Pharmacy

September



8⁹⁹

Reactine
Allergy+Sinus
or Extra Strength,
10 Tablets



4⁷⁹

Sothe
Allergy
15 mL



6⁹⁹

Neilmed
Nasogel Spray,
45 mL



8⁹⁹

Biotrue
Eye Drops,
Preservative Free,
10 mL or 30 x .5 mL

healthOne[®]

Compare & Save!

Sterile Pads **3²⁹**
Non-Woven,
2" x 2",
12 Pads



Platinum **6⁹⁹**
Muscle And
Back Pain Relief,
18 Caplets



Heartburn Relief **8⁹⁹**
Fruit Flavour,
100 Chewable Tablets



Glucosamine & Chondroitin **9⁹⁹**
900 mg,
60 Capsules



Prices in effect until Friday, September 27, 2019 or while quantities last.



Arthritis is composed of “arth” meaning joint and “itis” meaning inflammation.

Arthritis encompasses over 100 conditions ranging from mild tendonitis to systemic forms such as rheumatoid, and pain syndromes such as fibromyalgia and arthritic related conditions such as lupus and gout.

What are the symptoms of arthritis?

The common sign in all of the types of arthritis is inflammation of a joint. The following symptoms are prevalent:

- Pain
- Swelling
- Redness
- Stiffness
- Limited range of motion

There are two main types of arthritis that damage the joints:

- Rheumatoid Arthritis – the body’s own immune system attacks the joints and inflames the synovium which causes pain, swelling, and redness.
- Osteoarthritis – usually affects the hands and weight bearing joints - hips, knees, spine, and feet.

What is the treatment for Arthritis?

Treatment for arthritis targets relieving the symptoms and increasing the range of motion. There are various therapies of which one or a combination may be necessary to help relieve pain.

Medications

- **Analgesics** – this group of medications relieves pain but does not reduce inflammation. Acetaminophen is in this category and it can be purchased over-the-counter but it is important to note that there are daily limits, or you may require a much stronger analgesic by prescription.
- **Topical Medications** – there are topical creams and gels which can be purchased over-the-counter that can provide relief when applied to the affected area.
- **Nonsteroidal anti-inflammatory drugs (NSAIDs)** – these drugs include, ibuprofen, naproxen, and acetylsalicylic acid (ASA) which reduces pain, inflammation, and stiffness and are available without a prescription. If you have severe pain and swelling, other NSAIDs are available that your doctor may prescribe. NSAIDs often cause stomach pain or irritation and diarrhea. If you are at risk or have had a heart attack or stroke, consult with your doctor before taking any medications.

Speak to your Medical Professional or Pharmacist for more information.

The material in this flyer was sourced from: www.mayoclinic.org; www.arthritis.ca. It is intended for information purposes only and should not be used in place of consultation with a health care professional. Participating retailers/pharmacies, vendors, and/or agencies are not responsible for errors, omissions, or inconsistencies with respect to the information contained in this flyer and do not accept liability whatsoever for reliance by the reader on the information contained herein.

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Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our Pharmacists to find out more.

- Computerized patient files
- Compliance packaging
- Med checks
- Clinic days
- Compounding
- Prescription transfer from other pharmacies



9⁹⁹

Rub-A535
Extra Strength Arthritis Roll-On Lotion,
88 mL



13⁹⁹

Arthri-Forme
Arthritis Gloves,
S/M or L/XL,
One Pair



18⁹⁹

Tylenol
Arthritis Pain,
650 mg,
170 Caplets

Tylenol
Arthritis Pain,
650 mg,
50 Caplets

7⁷⁹



Hot/Cold
Reusable Flexible
Compress

2⁴⁹



5⁴⁹

Solarcaine
Lidocaine
Spray,
115 g



99¢

Hot/Cold
Flexible
Compress



8⁹⁹

Rub A535
Natural Source
Arnica,
65 g



13⁹⁹

Tylenol
Arthritis Pain,
650 mg,
100 Caplets

healthOne

9⁹⁹

Ibuprofen
Extra Strength
Caplets,
400 mg,
72 Caplets



8⁹⁹

Ibuprofen
Liquid Gel Capsules,
200 mg,
72 Capsules



11⁹⁹

ASA Daily Low Dose
81 mg,
150 Enteric Coated
Tablets

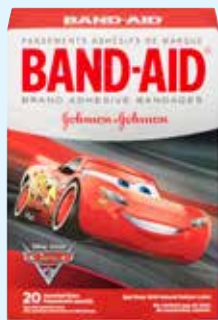


12⁹⁹

Naproxen
220 mg,
125 Caplets



Transferring Your Prescriptions is Easy. Ask Us How Today!



3⁴⁹

Band-Aid
Licensed Product,
Selected
Varieties,
20 Assorted Sizes



4⁹⁹

Ricola
Honey Lemon
Echinacea or
Mountain Herb,
No Sugar Added
45 Lozenges

**Physiologic
Essentia,
Blood Pressure
Monitor**

34⁹⁹



12⁹⁹

Jamieson
Probiotic
Berry Blast,
45 Gummies



6⁷⁹

Benadryl
Children's Liquid,
100 mL



10⁹⁹

**Dr. Scholl's
For Her
Comfort Insoles,
One Pair**



7⁹⁹

Polysporin
Triple, Kids or
Plus Pain Relief,
15 g



5⁹⁹

Trojan
Lubricated,
12 Latex
Condoms



16⁹⁹

Jamieson
Omega 3-6-9,
150 + Bonus 50
Softgels



Childhood Vaccines

Childhood vaccines protect children from a variety of serious or potentially fatal diseases, including diphtheria, measles, mumps, rubella, polio, tetanus, whooping cough (pertussis) and others. If these diseases seem uncommon — or even unheard of — it is usually because these vaccines are doing their job.

If you have reservations about particular vaccines, discuss your concerns with your child's doctor.

13⁴⁹

Gaviscon
Selected Varieties,
50 Chewable
Foamtabs

