

# Your Local Pharmacy



OCTOBER

## Tylenol®

Flu or Cold, Extra Strength,  
20 eZTabs® (10 Daytime + 10  
Nighttime Tablets)



7.49



## Children's Tylenol®

Ages 6-11, Cold & Cough  
Bubble Gum or Cold, Cough & Fever  
Bubble Gum Burst or Soothing Apple,  
100 mL



5.99

## Aleve® Liquid Gels

Naproxen Sodium Capsules,  
220 mg, 20 Liquid Filled Capsules



7.99

## Children's Tylenol®

Fever & Pain, Ages 2-11,  
Banana Berry, 100 mL



4.99

## Health One™

ASA, Daily Low Dose,  
81 mg, 150 Eccentric Coated Tablets



5.99

## Health One™

Vitamin D,  
For Adults and Kids,  
400 IU, 60 Gummies

## COMPARE & SAVE!



## One-Step Pregnancy Test

99% Accurate,  
2 Pregnancy Tests

8.99



## Echinacea

1000 mg,  
100 Capsules

8.49



## Fabric Bandages

Seals Out Dirt and Germs,  
80 Bandages



4.99

## Omega 3

Deep Sea Fish Oil,  
1000 mg,  
60 SoftGels

7.99



Prices in effect until Friday, October 29, 2021 or while quantities last.

## What are the differences?

COVID-19, the flu and the common cold are all contagious respiratory diseases caused by viruses. COVID-19 is caused by the SARS-CoV-2 virus, the flu is caused by influenza A and B viruses whereas the common cold is most often caused by rhinoviruses. These viruses spread in similar ways and cause many of the same signs and symptoms.

Meanwhile, seasonal allergies aren't caused by a virus. Seasonal allergies are immune system responses triggered by exposure to allergens, such as seasonal tree or grass pollens, yet they cause many of the same signs and symptoms as COVID-19, the flu and the common cold.



## Symptom Check

SYMPTOM	COVID-19	FLU	COLD	ALLERGY
Cough	Usually (Dry)	Usually	Usually	Sometimes
Fever	Usually	Usually-not always	Sometimes	Never
Sore throat	Usually	Usually	Usually	Rarely
Runny or stuffy nose	Usually	Usually	Usually	Usually
Muscle aches	Usually	Usually	Sometimes	Never
Tiredness	Usually	Usually	Sometimes	Sometimes
Nausea or vomiting	Sometimes	Sometimes (more common in children)	Never	Never
Diarrhea	Sometimes	Sometimes (more common in children)	Never	Never
New loss of taste or smell	Usually (early — often without a runny or stuffy nose)	Rarely	Sometimes (especially with a stuffy nose)	Sometimes

There's no cure for the common cold. Treatment may include pain relievers and over-the-counter cold remedies, such as decongestants. Unlike COVID-19, a cold is usually harmless. Most people recover from a common cold in three to 10 days. While there is only one antiviral treatment for COVID-19, there are several antiviral drugs that can be used to treat the flu. Also, you can get an annual flu vaccine to help reduce your risk of contracting the flu. Treatment of seasonal allergies may include over-the-counter or prescription antihistamines, nasal steroid sprays and decongestants, and avoidance of exposure to allergens where possible.

### Speak to your medical professional or pharmacist for more information.

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# Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Clinic days
- Compliance packaging
- Compounding
- Med checks
- Prescription transfer from other pharmacies



**Jamieson™**

Vitamin C, 500 mg,  
Bonus 100 + 20  
Caplets

**6.99**



**Benylin™**

Dry Cough, Extra Strength,  
100 mL Syrup

**7.99**

**Advil®**

Cold & Sinus, Analgesic +  
Decongestant, Non-Drowsy, 20 Caplets



**8.49**



**Vicks®**  
**VapoRub™**

Nasal Decongestant, Ointment, 50 g

**6.99**



**Robitussin®**

Cough Control, Extra  
Strength, Up To 6HR  
Relief, Cherry Flavour,  
250 mL Syrup

**11.99**

**Chloraseptic®**

Sore Throat Spray,  
Fast Acting, Cool  
Mint or Cherry  
Flavour, 177 mL

**8.99**



**Ester-C®**

Vitamin C,  
Stomach Friendly,  
1000 mg,  
60 Coated Tablets

**12.99**



**17.99**

**Abreva®**

Cold Sore  
Treatment, 2 g

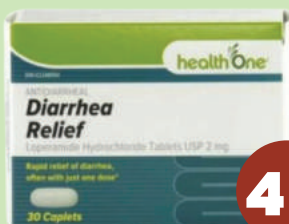


**14.99**

**NeilMed®**

Sinus Rinse™ Kit, Includes 50  
Premixed Packets or 100  
Premixed Packets

**healthOne™**



**Diarrhea  
Relief**

2 mg, 12 Capslets

**4.99**



**Glucosamine  
Sulfate**

500 mg, 180 Tablets

**8.99**



**Melatonin**

3 mg, 60 Sublingual  
Tablets

**6.99**



**Deluxe Hot Water Bottle**

Comfort & Warmth,  
Relieves aches and pains, 2L

**8.49**

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# Transferring Your Prescriptions is Easy.

Ask Us How Today!



99¢

**Halls**

Selected Varieties



1.79

**Fisherman's Friend®**

Selected Varieties,  
22 Lozenges

**Gaviscon®**

Extra Strength, For Acid Reflux  
& Heartburn, Assorted Flavours



15.99



**Cetaphil®**

Pro RestoraDERM,  
Nourishing Body Wash,  
Dry, Itchy Skin, 295 mL

10.99



6.49

**Gravol™**

Upset Stomach  
& Nausea, Ginger,  
Non-Drowsy,  
20 Tablets or  
Soft Lozenges



7.99

**Rub-A535**

Muscle & Joint,  
Regular Strength  
or No Odour,  
Regular Strength,  
100 g Cream



**Murine® EAR**

Wax Removal  
System, Ear Drops +  
Ear Washer, 15 mL

6.49

**Jamieson™**

Vitamin C,  
500 mg,  
Bonus 100 +  
20 Caplets

6.99



14.99

**Nicorette®**

Gum,  
Stop Smoking Aid,  
4 mg or 2 mg,  
**Ultra Fresh Mint**  
or **Fresh Fruit**,  
30 Pieces

## Cancer Prevention

Doctors have identified several ways to reduce your risk of cancer, such as:

- Stop smoking. If you smoke, quit.
- Avoid excessive sun exposure.
- Eat a healthy diet.
- Exercise most days of the week.
- Maintain a healthy weight.
- Drink alcohol in moderation, if you choose to drink.
- Schedule cancer screening exams.
- Ask your doctor about immunizations.

**Nature's Bounty®**

Coated Omega-3,  
Fish Oil, 1000 mg,  
180 Softgels

15.99



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