

Your Local Pharmacy



DECEMBER



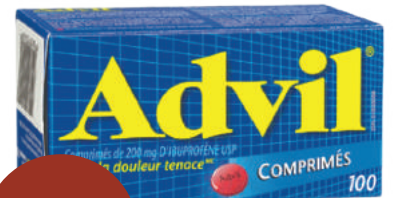
Benylin®
All-In-One,
Cough, Cold & Flu,
Extra Strength,
180 mL Syrup

8.99



Tylenol®
Complete,
Extra Strength,
12 Daytime Caplets + 12
Nighttime Caplets

8.99



Advil
Ibuprofen Tablets,
200 mg,
100 Tablets

12.99



Jamieson™
Vitamin D,
1,000 IU,
100 Tablets

5.99



7.99

SafeCheki
Instant Hand
Sanitizer,
1 L

COMPARE & SAVE!



Sleep Aid
Extra Strength,
50 mg,
20 Caplets

5.99

Heartburn Relief
Regular Strength,
Fruit Flavour,
100 Chewable
Foaming Tablets

7.99



healthOne™



Dairy Digestive
Supplements
Regular, Lactase Enzyme,
100 Caplets

9.99



5.99

Cold Medication
Extra Strength,
Day 12 Caplets +
Night 12 Caplets

Prices in effect until Friday, December 31, 2021 or while quantities last.

What are the differences?

Vaccination isn't just for children. Vaccines are safe and protect you and those around you from vaccine preventable diseases. As we get older, the protection we had from previous vaccination can decrease for some diseases. Getting another dose (called a booster) can increase our immunity to provide the best protection. There are also diseases that are more common in adults, even healthy adults. This is why additional vaccines are needed as we get older.

Vaccines for adults

Adults should discuss the type and number of vaccines they need with a healthcare provider. Your healthcare provider may ask questions about your medical history, including:

- what vaccines you had in the past
- if you're pregnant or planning to become pregnant
- your type of work
- if you have upcoming travel

Adults may need a vaccine for the following vaccine-preventable diseases:

- chicken pox (varicella)
- diphtheria
- hepatitis A
- hepatitis B
- meningococcal
- mumps
- pneumococcal
- polio
- rubella
- shingles
- tetanus
- whooping cough (pertussis)

Vaccines for people who could become pregnant

Vaccination is important for everyone of reproductive age, whether planning a pregnancy or not. During pregnancy, your immune system changes and this can put you at risk for a number of serious infectious diseases and complications. Your baby can also be affected by these infections, which can result in:

- premature birth
- miscarriage (losing a baby before birth)
- death

Since an unplanned pregnancy can happen, it's important to keep your vaccinations up to date at all times. This will help protect you and your baby from certain infections that could cause serious complications. Talk to your healthcare provider about your vaccination status.



Speak to your medical professional or pharmacist for more information.

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Prices in effect until Friday, October 29, 2021 or while quantities last.

Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Clinic days
- Compliance packaging
- Compounding
- Med checks
- Prescription transfer from other pharmacies



Jamieson™
Vitamin C,
1000 mg,
100 Caplets

11.99



5.99

Redoxon®
Double Action,
Vitamin C & Zinc,
15 Orange,
Effervescent Tablets



15.49

Nature's Bounty®
Biotin, Ultra Strength,
10,000 mcg, Value Size,
120 Softgels



One A DAY®

Advanced Multivitamin,
More Vitamin D
& Selenium, **Women 50+**
or **Men 50+**, 90 Tablets

11.99



17.49

Centrum®
Complete Multivitamin
/Mineral Supplement,
**Women, Men,
Women 50+ or
Men 50+**, 90 Tablets



7.99

Jamieson™
Zinc, With Echinacea,
Vitamins C & D,
60 Lozenges



4.49

Gravol™
Adults, 50 mg,
Quick Dissolve Chewable,
8 Orange Flavour Tablets

7.99

Gravol Kids™
Children 2+, Liquid,
Fruit Flavour, 75 mL



9.99

Earol®
Olive Oil Ear,
Wax Removal
Spray, 1 Kit



9.99

Rub.A535
Muscle & Joint,
Maximum Strength
or No Odour, Extra
Strength, 100 g
Cream

healthOne™



11.49

**Calcium 500 +
Vitamin D3 400**
100 Tablets



10.99

Fibre Laxative
Smooth Texture, Sugar-Free,
Orange Flavour, 425 g,
72 Doses Sugar-Free, Orange
Flavour, 425 g, 72 Doses



6.99

Diarrhea Relief
3 mg, 60 Sublingual Tablets



4.49



8.99

Ibuprofen
Liquid Gel Capsules, Extra Strength, 400
mg, 12 Capsules or 50 Capsules

Transferring Your Prescriptions is Easy.

Ask Us How Today!



10.99

Jamieson™

Vitamin B12, 1,200 mcg,
Bonus 60 + 20 Tablets



14.99

Mansfield

Mercury Free
Thermometer,
°C & °F



7.99

Chloraseptic®

Sore Throat Spray,
Fast Acting, **Cool Mint** or
Cherry Flavour, 177 mL



8.99

Complex 15®

Daily Face Cream,
Hypoallergenic,
Oil Free, 100 mL



9.99

Aveeno®

Active Naturals®
Anti-Itch Lotion,
118 mL



10.99

Buckley's

Complete® Cough,
Cold & Flu,
Mucus Relief, Extra
Strength, 150 mL



2.49

Halls

Selected Varieties



11.99

Vicks®

Steam Inhaler, Soothing
Menthol Vapours, 5
VapoPads®



Vicks®

Waterless Tabletop
Vapourizer,
Includes 5 Vicks

Humidifiers, Asthma and Allergies

Humidifiers are devices that release water vapour or steam to increase moisture levels in the air (humidity). If you or your child has asthma or allergies, talk to your doctor before using a humidifier. Increased humidity may ease breathing in children and adults who have asthma or allergies, especially during a respiratory infection such as a cold. But mist from a dirty humidifier or increased growth of allergens caused by high humidity can trigger or worsen asthma and allergy symptoms.



Vicks®

Mini Filter Free Cool,
Mist Humidifier,
Scent Pad Technology

39.99

Prices in effect until Friday, December 31, 2021 or while quantities last. Flyer features and products available while supplies last. Where "assorted" and "selected" varieties are indicated, not all product may be available. We reserve the right to limit quantities due to space limitations or manufacturer supply issues. Not all items may be available as advertised. All prices are subject to applicable sales taxes. Any coupon offers will be subject to our coupon policy. Participating pharmacies are independently owned and operated. health One™ is a registered trademark of Kohl & Frisch Limited.