Transferring Your Prescriptions is Easy. Ask Us How Today!



Gravol™ Non-Drowsy Antinauseant, Ginger Flavour, 20 Tablet or 20 Chewable Lozenges



999

NeilMed® clearcanal®, Earwax Removal, Complete Kit



Trojan® Bareskin, 10 Lubricated **Latex Condoms**



HydraSense® Extended Protection, Allergy Complete, Drops, 10 mL



999

Aerius® Kids, 24-Hour Allergy Relief, Bubble Gum Flavour, 100 mL

Flonase® Allergy Relief, 24-Hour Relief, 60 Metered

Sprays



699

Headaches

Visine® Advanced, Allergy Eye Drops, with Antihistamine, 15 mL

Aleve® Fast Relief, 220 mg,

24 Caplets

Advil Extra Strength, Liquid-Fast Relief, 400 mg,



Headaches are a common issue caused by factors like stress, dehydration, or underlying health conditions. **Over-the-counter (OTC)** medications can effectively relieve most headaches. Analgesics like acetaminophen (Tylenol) help with mild to moderate pain, while NSAIDs such as ibuprofen (Advil) and naproxen (Aleve) reduce inflammation and treaf tension headaches or migráines.

For best results, take medications at the onset of symptoms and avoid exceeding recommended doses to prevent side effects or medicationoveruse headaches. Persistent or frequent headaches should be evaluated by a healthcare professional.



Your Local **Pharmacy**

March





Reactine® Allergy Relief, Extra Strength or Sinus + Allergy, 10 Tablets



Lumify® Redness Reliever Eye Drops, 3.5 mL



et d'autres ingréd

Formule-nuit



health One™ Cold & Flu, Day and Night, 12 + 12 Caplets





Benadryl® Allergy, Oral Solution, 100 mL

Compare & Save!

MAPROXEN

health One

Cold & Flu

Formule-jour

Rhume et grippe

Naproxen 12-Hour Relief, 220 mg, 125 Caplets

Ibuprofen Extra Strength, 400 mg, 72 Caplets



Diarrhea Relief 2 mg, 30 Caplets



Anti-Nauseant 50 mg, 10 Tablets



Prices in effect until Friday March 28, 2025 or while quantities last. Elver features and products available while supplies last. Where "assorted" and "selected" varieties are indicated not all product may be available. We reserve the right to limit quantities due to space limitations or manufacturer supply issues. Not all items may be available as advertised. All prices are subject to applicable sales taxes. Any coupon offers will be subject to our coupon policy. Participating pharmacies are independently owned and operated. health One™ is a registered trademark of Kohl & Frisch Limited.

Allergy Medications

Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more

- Computerized patient files
 Clinic days
- Compliance packaging
- Compounding
 - Prescription transfer from other pharmacies

Allergies occur when the immune system reacts to a foreign substance, such as pollen, pet dander, or dust mites, mistakenly identifying it as harmful. This reaction triggers the release of chemicals like histamine, leading to symptoms such as sneezing, runny or congested nose, itchy or watery eyes, and skin rashes. These symptoms can vary in severity and significantly impact daily life.

Common Symptoms

- Sneezing and runny nose
- Nasal congestion
- Itchy or watery eyes
- Skin rashes or hives

Managing allergies often involves avoiding triggers, but over the counter (OTC) medications can provide relief for common symptoms.



- Antihistamines: Reduce sneezing and itching. Examples include loratadine (Claritin), cetirizine (Reactine), and fexofenadine (Allegra).
- Nasal Sprays: Corticosteroids like fluticasone (Flonase) and triamcinolone (Nasacort) ease inflammation and congestion.
- Decongestants: Short-term relief for nasal congestion. Options include pseudoephedrine (Sudafed) and oxymetazoline (Drixoral).
- Eye Drops: Antihistamine drops like naphzoline hydrochloride/pheniramine maleate (B+L Soothe Allergy) relieve itchy or watery eyes.
- Mast Cell Stabilizers: Cromolyn sodium (Cromolyn) helps prevent allergy symptoms before they start.

Selecting the right medication depends on the specific symptoms, and it's essential to follow the product's instructions to ensure safety and effectiveness. Choose products that target your symptoms and always follow dosing instructions.



Soothe

Allergy

Bausch + Lomb Soothe®, Allergy, 15 mL



Med checks

Aerius® Non-Drowsy, 24-hour Allergy Relief, 10 Tablets



Claritin® Allergy, Rapid Dissolve, 10 Tablets or Kids. Grape Flavour, 120 mL

Drixoral® No Drip, Nasal Decongestant Spray, Original Unscented or

Cooling Menthol,

15 mL



Tums® Antacid, Chewy Bites,

Tablets

32 Chewable



5⁹⁹



Q99 YLENO

> Tylenol® Extra Strength, Flu or Cold & Sinus, Daytime and Nighttime, 10 + 10 Caplets

Imodium® Quick Dissolve, Mint Flavour, 20 Tablets





Breathe





Bausch + Lomb® Renu Fresh Travel Kit, 60 ml

O99 Desloratadine **Allergy Control** 20 Tablets



Extra Strength Allergy Relief 10 mg, 12 Tablets

EXTRA STRENGTH

999 Allergy Formula 25 mg, 20 Liquid



24-Hour Allergy Remedy 10 mg, 24 Tablets



24 hour Allergy Remedy Remède 24 heures contre les allergies

Speak to your medical professional or pharmacist for more information.

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