

Transferring Your Prescriptions is Easy. Ask Us How Today!

Your Local Pharmacy

June



9⁹⁹

Gravol™
Liquid Gels,
Nausea Relief or
Non-Drowsy,
Ginger,
24 Liquid
Capsules



15⁹⁹

Lax A Day®
Gentle Relief,
Laxative,
14 Doses or
10 Sachets



49⁹⁹

Bios
Medical
Precision Temp,
Thermometer,
Bluetooth
1 Unit

Tylenol®
Rapid Release,
Extra Strength,
24 Gelcaps,
500 mg

8⁹⁹



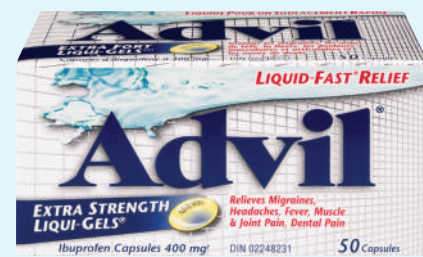
13⁹⁹

Earol®
Olive Oil,
Ear Wax Removal
Spray,
1 Kit



9⁹⁹

Rhinaris®
Nasal Gel,
30 g or
Nasal Mist,
30 mL



18⁹⁹

Advil®
Extra Strength,
Liquid-Fast Relief,
50 Capsules,
400 mg



9⁹⁹

Claritin®
Non-Drowsy,
Allergy,
Rapid Dissolve or
Regular,
10 Tablets

MedPro®
Hot & Cold,
Microwaveable,
1 Unit

2²⁹



health One™
Ibuprofen Extra
Strength,
400 mg,
72 Caplets

11⁹⁹



health One™
Cold & Flu,
Non-Drowsy,
Day and Night,
24 Capsules

9⁹⁹



14⁹⁹

RestoraLAX®
RestoraFibre+,
Daily Gummies,
75 Gummies



15⁹⁹

NeilMed®
Sinus Rinse,
Sinus Rinse Kit or
Rinse Kit Refill,
100 Premixed Packets

health One™

Launched in 2012, healthOne™ is your trusted source for high-quality, affordable health and wellness products. Our growing selection includes allergy relief, pain management, cough and cold remedies, eye care, first aid, family planning, and vitamins.

Each product is designed to support your well-being, boost immunity, and promote a healthy lifestyle. With the same performance as national brands at a better value, healthOne™ helps you care for your family—without compromising on quality.



7⁹⁹

health One™
Rapid Detection
Pregnancy Test,
One-Step,
1 Test

health One™

Compare & Save!

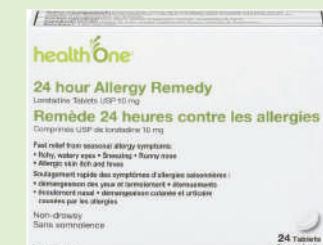
7⁹⁹ Allergy Relief
Extra Strength,
12 Tablets,
10 mg



9⁹⁹ Allergy Control
24 Hour Relief,
20 Tablets,
5 mg



10⁹⁹ 24 Hour Allergy
Remedy
24 Tablets,
10 mg



7⁹⁹ ASA
81 mg,
150 Tablets



Prices in effect until Friday, June 27, 2025 or while supplies last. Where "assorted" and "selected" varieties are indicated, not all product may be available. We reserve the right to limit quantities due to space limitations or manufacturer supply issues. Not all items may be available as advertised. All prices are subject to applicable sales taxes. Any coupon offers will be subject to our coupon policy. Participating pharmacies are independently owned and operated. health One™ is a registered trademark of Kohl & Frisch Limited.

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Arthritis

Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Compliance packaging
- Med checks
- Clinic days
- Compounding
- Prescription transfer from other pharmacies

Protecting your skin from ultraviolet (UV) rays is essential to lowering your risk of skin cancer and long-term sun damage. While it's not possible to avoid sunlight entirely, there are effective ways to reduce UV exposure when you're outdoors:

- **Stay in the Shade:** Limit sun exposure between 10 a.m. and 4 p.m., when UV rays are strongest. Use umbrellas, trees, or shelters for protection.
- **Wear Protective Clothing:** Choose long-sleeved shirts, long pants, and tightly woven fabrics. Clothing with a high UltravioletProtection Factor (UPF) offers added coverage.
- **Use Sunscreen Properly:** Apply a broad-spectrum sunscreen with at least SPF 30 to all exposed skin. Reapply every 2 hours or more often if swimming or sweating. Don't forget ears, neck, feet, and the hairline.
- **Wear a Wide-Brimmed Hat:** Hats with a brim of at least 2 to 3 inches help shield the face, ears, and neck. Avoid hats with holes that let sunlight through.
- **Protect Your Eyes:** Sunglasses that block 99–100% of UVA and UVB rays help prevent eye damage. Wrap-around styles offer the best protection.
- **Avoid Indoor Tanning:** Tanning beds and sunlamps also emit harmful UV rays and increase your risk of skin cancer.

These small but consistent protective actions go a long way. Sunscreen is a key part of your defense, but it's most effective when used in combination with other methods like clothing and shade. Don't rely on SPF alone—no sunscreen blocks all UV radiation.

UV exposure can happen year-round, even on cloudy days or through windows. Incorporating these habits into your everyday life can reduce your cumulative sun damage and support long-term skin health. Being mindful now helps prevent serious consequences later.



14⁹⁹

Neutrogena® Ultra Sheer, Face Sunscreen, SPF 60, 88 mL



15⁹⁹

CeraVe® SA Cleanser, 237 mL, Hydrating Cleanser, Foaming Facial Cleanser or Moisturizing Lotion, 355 mL



22⁹⁹

Neutrogena® Hydro Boost, Gel Cream, 50 mL

Lacteeze® Children's, Dairy Digest, Strawberry, 100 Chewable Tablets



18⁹⁹

Reactine® Complete, Sinus + Allergy or Extra Strength, 10 Tablets



12⁹⁹



13⁹⁹

HydraSense® Extended Protection, Allergy Complete, Eye Drops, 10 mL

GluteGuard® Gluten Breakdown, 10 Tablets



17⁹⁹



10⁹⁹

Tinactin® Triple Action, Aerosol Powder, 100 g



6⁴⁹

Solarcaine® Burn Pain Relief, 113 g

healthOne®



10⁹⁹
Vitamin C 500 mg, Orange Flavour, 100 Chewable



2⁹⁹
Cosmetic Pads 100 Pads



14⁹⁹ Dairy Digestive 100 Tablets

10⁹⁹ Diarrhea Relief 2 mg, 30 Capslets



Speak to your medical professional or pharmacist for more information. The material in this flyer was sourced from: www.mayoclinic.org. It is intended for information purposes only and should not be used in place of consultation with a healthcare professional. Participating retailers/pharmacies, vendors, and/or agencies are not responsible for errors, omissions, or inconsistencies with respect to the information contained in this flyer and do not accept liability whatsoever for reliance by the reader on the information contained herein. Prices in effect until Friday, June 27, 2025 or while quantities last.

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